

PERSONALISED MEDICATION

Pharmacogenomic Report

For Sample Patient

Date of birth:
28-Jan-1984

SAMPLE

Nominated clinician:
Dr. Sample

Requested:
09-Jan-2026

Collected:
09-Jan-2026

Tested & reported by:
My DNA Life Australia Pty Ltd

Specimen type:
Buccal swab

Laboratory ref:
28449Z1W8X8

Reported:
10-Mar-2026

How to use this report

Recommended steps

Step 1

Review 'Medications of Interest' on following pages (included if medication details were provided)

Address urgent items before next prescription

Step 2

Check "Personalised Medication Guide" before prescribing new medication

If a medication has a prescribing consideration, see Major / Minor / Usual section for more information

Step 3

File this report in patient records

Add a note in allergy section for future reference

About this report

This report shows how your patient's genes may affect their response to certain medications.

We recommend that you use it to identify medications that may:

- Be less effective
- Require dose adjustments or an alternative medication
- Have a higher risk of side effects

No prior genetics knowledge required. Recommendations are made for your information and consideration based on currently available evidence.

What this report is not

- Not a diagnostic test
- Does not mandate medication changes if patient is stable and tolerating current therapy well
- Does not replace clinical judgement - recommendations should be applied in context
- Does not cover all medications - only those where current evidence shows response may be affected by the genes tested

Contents

1. Medications of Interest (if medication details were provided)
2. Personalised medication guide
3. Genetic results summary
4. Drug Interactions (if relevant)
5. Personalised Prescribing Considerations:
 - Major
 - Minor
 - Usual
6. Further Information, Methodology, References

Key point: Genetic results are lifelong and don't change. Interpretations and recommendations may evolve as pharmacogenomic evidence and guidelines are updated. Keep this report accessible for future prescribing decisions.

The myDNA clinical team can be contacted at clinical@mydna.life

Medications of Interest



This page shows specific recommendations for the medications included in the patient's drug list.

Items at the top are highest priority. We recommend that you review these before the patient's next prescription.

Guidelines referenced e.g. CPIC/DPWG may indicate strength of evidence supporting each recommendation

MEDICATION

INTERPRETATION

RECOMMENDATION

SERTRALINE
HYDROCHLORIDE

CYP2B6 - Poor metaboliser
CYP2C19 - Normal metaboliser:
Sertraline is metabolised by both CYP2C19 and CYP2B6 into less active compounds. Normal metabolism by CYP2C19 and greatly reduced metabolism by CYP2B6 is predicted.¹

CPIC¹ guidelines provide an optional recommendation to consider a lower starting dose, slower titration schedule and a 25% reduction of the standard maintenance dose. Otherwise, switch to an appropriate alternative not predominantly metabolised by CYP2B6.

CLOPIDOGREL

CYP2C19 - Normal metaboliser:
Normal formation of clopidogrel's active metabolite by CYP2C19 is predicted.

CPIC guidelines² provide a strong recommendation to use the label-recommended dosage if clopidogrel is being prescribed for cardiovascular or neurovascular indications.

ESOMEPRAZOLE

CYP2C19 - Normal metaboliser:
Typical metabolism of esomeprazole by CYP2C19 is predicted. Note that this genotype has a lesser effect with esomeprazole and rabeprazole compared to other PPIs.

Standard dosing and prescribing measures apply. If response is inadequate, consider a trial of rabeprazole as an alternative.

SAMPLE

Personalised Medication Guide



This section lists medications affected by the patient's genetic profile, organised by drug class.

We recommend that you use this when prescribing medications.

Categorisation as major, minor or usual prescribing considerations are based on the patient's pharmacogenomic test results and current prescribing guidelines (e.g. CPIC/DPWG).

NOTE: These classifications and recommendations do not account for the effect of inhibitors or inducers. The table is not an all-inclusive list of medications but includes many commonly prescribed medications.

Legend

Consider alternative medication

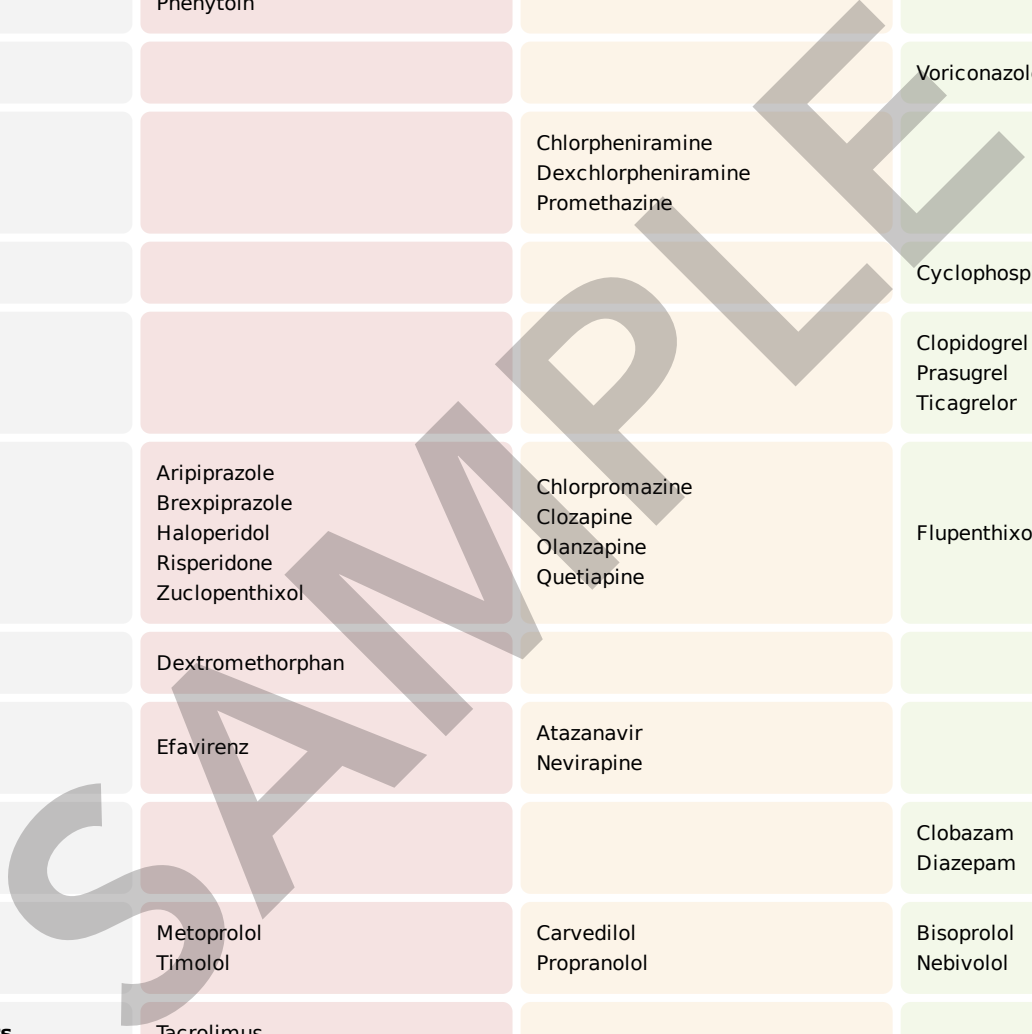
Major prescribing consideration

Minor prescribing consideration

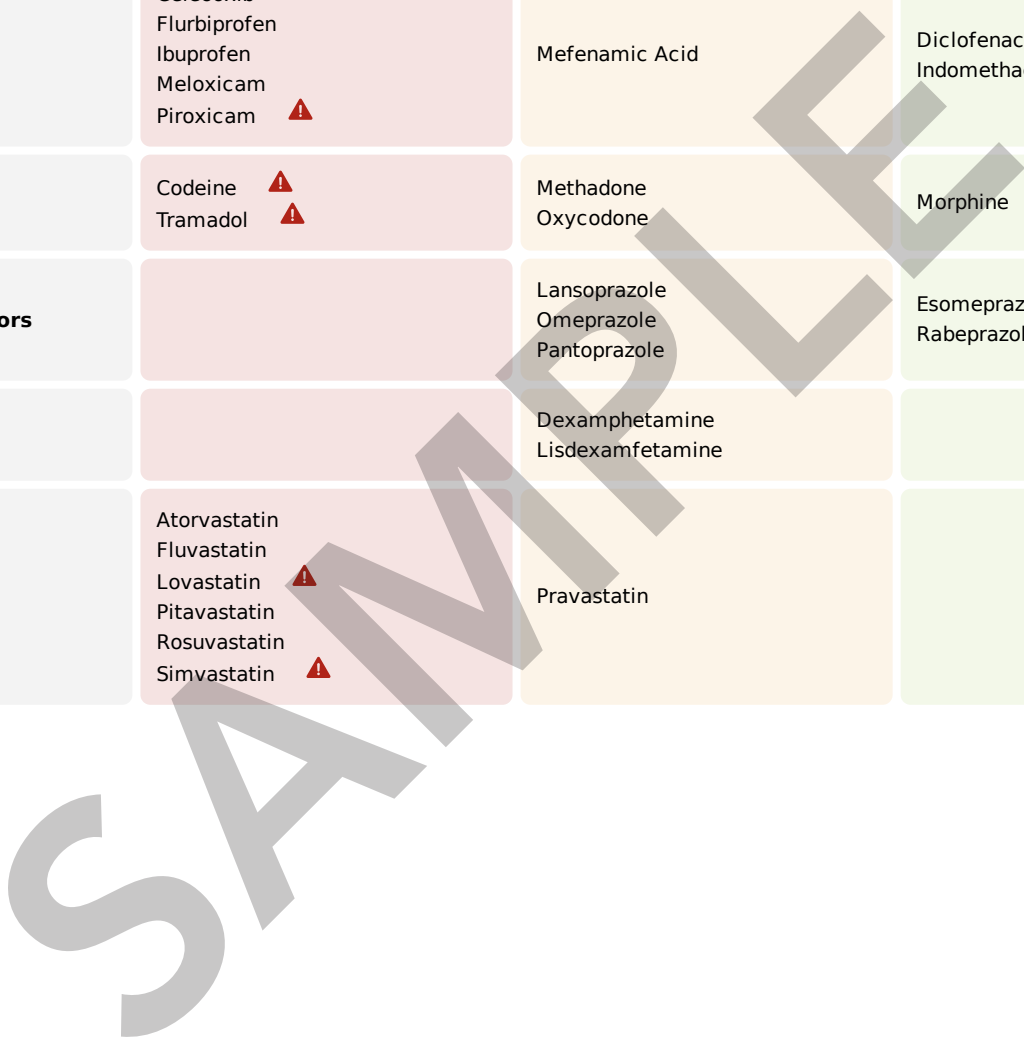
Usual prescribing consideration

CLASS	MAJOR	MINOR	USUAL
ADHD - miscellaneous agents	Atomoxetine		
Angiotensin receptor blockers		Irbesartan Losartan	
Antianginals	Perhexiline		
Antiarrhythmics	Flecainide		
Anticholinergics (genitourinary)	Tolterodine	Darifenacin	
Anticholinesterases		Donepezil Galantamine	
Anticoagulants	Warfarin		
Antidepressants - other	Vortioxetine	Agomelatine Bupropion Mianserin Mirtazapine	Moclobemide
Antidepressants - SNRIs	Venlafaxine	Duloxetine	
Antidepressants - SSRIs	Fluvoxamine Paroxetine Sertraline	Fluoxetine	Citalopram Escitalopram
Antidepressants - TCAs	Amitriptyline Clomipramine Dosulepin Doxepin Imipramine Nortriptyline		

CLASS	MAJOR	MINOR	USUAL
Antidiabetics		Glibenclamide Gliclazide Glimepiride Glipizide	Tolbutamide
Antiemetics	Metoclopramide Ondansetron Tropisetron		
Antiepileptics	Fosphenytoin Phenytoin		Brivaracetam
Antifungals - Azoles			Voriconazole
Antihistamines		Chlorpheniramine Dexchlorpheniramine Promethazine	
Antineoplastics			Cyclophosphamide
Antiplatelet drugs			Clopidogrel Prasugrel Ticagrelor
Antipsychotics	Aripiprazole Brexpiprazole Haloperidol Risperidone Zuclopenthixol	Chlorpromazine Clozapine Olanzapine Quetiapine	Flupenthixol
Antitussives	Dextromethorphan		
Antivirals	Efavirenz	Atazanavir Nevirapine	
Benzodiazepines			Clobazam Diazepam
Beta blockers	Metoprolol Timolol	Carvedilol Propranolol	Bisoprolol Nebivolol
Calcineurin inhibitors	Tacrolimus		
Cardiac myosin inhibitor			Mavacamten
Drugs for alcohol dependence			Naltrexone
Drugs for gout	Allopurinol		
Drugs for sexual dysfunction	Dapoxetine ⚠️		
Haemostatic agents		Avatrombopag	
Hypnotics			Melatonin



CLASS	MAJOR	MINOR	USUAL
Immunomodulators and antineoplastics	Tamoxifen ⚠️	Geftinib	
Miscellaneous	Eliglustat Tamsulosin		Mirabegron Proguanil
Neurological drugs	Siponimod Tetrabenazine		
NSAIDs	Celecoxib Flurbiprofen Ibuprofen Meloxicam Piroxicam ⚠️	Mefenamic Acid	Diclofenac Indomethacin
Opioid Analgesics	Codeine ⚠️ Tramadol ⚠️	Methadone Oxycodone	Morphine
Proton pump inhibitors		Lansoprazole Omeprazole Pantoprazole	Esomeprazole Rabeprazole
Psychostimulants		Dexamphetamine Lisdexamfetamine	
Statins	Atorvastatin Fluvastatin Lovastatin ⚠️ Pitavastatin Rosuvastatin Simvastatin ⚠️	Pravastatin	





This is a summary of the patient's genetic results and includes predicted metaboliser phenotypes as a short overview. Please see the Personalised prescribing consideration section for any dosing adjustments and therapeutic guidance based on these results.

Pharmacogenomic Test Results Summary

GENE	GENOTYPE	PREDICTED PHENOTYPE
ABCG2 (rs2231142)	AA	Poor transporter function
CYP1A2	*30/*30	Ultrarapid metaboliser (with inducer present)
CYP2B6	*6/*6	Poor metaboliser
CYP2C19	*1/*1	Normal metaboliser
CYP2C9	*1/*3	Intermediate metaboliser
CYP2D6	*4/*4	Poor metaboliser
CYP3A4	*1/*22	Intermediate metaboliser
CYP3A5	*1/*3	Intermediate metaboliser
OPRM1	GG	Reduced mu opioid receptor expression
SLCO1B1	*1/*5	Decreased transporter function
VKORC1	GG	Normal VKORC1 enzyme level

Detailed interpretations of genetic test results are provided at the end of this report.



This section highlights any additional information including whether any listed Medications of Interest inhibit or induce the CYP450 enzymes covered by this report.

Potential Drug Interactions

The effect of drug-drug interactions can be additive to the effect of genotype on drug metabolism. Inhibitors can decrease and inducers can increase metabolism, leading to changes in drug concentration and clinical effects.

Comments in the medications of interest and future medications sections only consider the effects of the patient's genotype, not those due to interacting drugs. For the health professional's consideration, the table below identifies which of the patient's current drugs may inhibit or induce those enzymes tested by myDNA. The extent of the inhibition or induction depends on the dose and duration of the therapy. The overall effect on metabolism by a specific enzyme may be estimated by considering both the genetic finding and the potential interacting drug.

MEDICATION	INHIBITOR - MODERATE	INHIBITOR - STRONG	INDUCER
ESOMEPRAZOLE	CYP2C19		

SAMPLE

Personalised prescribing considerations

The following tables outline personalised recommendations for future medications.

These tables do not account for the effect of any inhibitors or inducers. The table is not an all-inclusive list of medications but includes many commonly prescribed medications

i **These are medications with major prescribing considerations as identified by the test.**

These are higher priority prescribing considerations where genetic variants have been linked to possible adverse outcomes. There may be guidelines (eg. CPIC/DPWG) recommending consideration be given to a change in the dosage or medication type.

We recommend that you review these considerations before prescribing. Not all patients require genotype-guided changes.

Major Prescribing Considerations

MEDICATION
DRUG CATEGORY

INTERPRETATION

RECOMMENDATION

ATOMOXETINE

ADHD - miscellaneous agents

CYP2D6 - Poor metaboliser:

Greatly reduced metabolism by CYP2D6 and greatly increased drug exposure is predicted. An increased risk of some side effects has been shown for this genotype (e.g. increased blood pressure and heart rate, QT interval prolongation, dry mouth, erectile dysfunction and insomnia) but also greater improvement of ADHD symptoms as compared to non-poor metabolisers in those who tolerate treatment. This genotype is associated with lower final dose requirements.

CPIC³ provides a strong recommendation for children and moderate recommendation for adults for dosing of atomoxetine. Refer to CPIC guidelines for details. In summary, Adults: initiate at 40 mg/day. If no clinical response and no adverse events after 2 weeks, increase dose to 80 mg/day. If inadequate response after 2 weeks, consider use of plasma concentrations 2-4 hours after dosing to guide titration. Children: initiate at 0.5mg/kg/day. If no clinical response and no adverse events after 2 weeks, consider use of plasma concentrations 4 hours after dosing to guide titration.

Note: FDA-approved drug label⁴ recommends maximum doses of 1.4mg/kg/day in children up to 70kg and 100 mg daily in adults or children over 70kg.

Note: dosing recommendations should be considered with other clinical factors by the treating clinician(s).

For CYP2D6 poor metabolisers or patients on strong CYP2D6 inhibitors, FDA approved labelling⁴ advises using a reduced dosing strategy (starting dose 0.5mg/kg/day, and only increasing to 1.2mg/kg/day after 4 weeks if required) in children and adolescent patients with body weight <70kg. For children and adolescents >70kg, and for adults, atomoxetine should be initiated at 40mg/day and only increased to 80mg/day after four weeks if necessary.

PERHEXILINE

Antianginals

CYP2D6 - Poor metaboliser:

Greatly reduced metabolism and increased perhexiline exposure are predicted. There is an increased risk of concentration-dependent adverse effects (hepatotoxicity and peripheral neuropathy), especially if appropriate dose reduction and therapeutic drug monitoring do not occur.

Expect a prolonged time to reach steady-state. Early therapeutic drug monitoring is required when perhexiline is used. A greatly reduced maintenance dose requirement is expected. In addition to adjusting dose according to concentration, the AMH⁵ notes that poor metabolisers may require doses as low as 50 mg once a week.

FLECAINIDE

Antiarrhythmics

CYP2D6 - Poor metaboliser:

Greatly reduced metabolism by CYP2D6 and increased drug exposure are predicted. This may increase the risk of concentration-dependent adverse effects.

The DPWG guidelines⁶ suggest reducing the dose to 50% of the standard dose, recording an ECG and monitoring the plasma concentration.

Major Prescribing Considerations

MEDICATION

DRUG CATEGORY

TOLTERODINEAnticholinergics
(genitourinary)

INTERPRETATION

CYP2D6 - Poor metaboliser:

Greatly reduced metabolism by CYP2D6 and increased drug exposure are predicted. This may increase the risk of concentration-dependent adverse effects. Concomitant use with CYP3A4 inhibiting drugs may be expected to further increase tolterodine exposure and the risk of adverse effects.

RECOMMENDATION

No genotype-guided dosing recommendation available. Monitor for adverse effects. The FDA⁷ has cautioned regarding this genotype and increased risk for QT prolongation with tolterodine.

WARFARIN

Anticoagulants

VKORC1 - Normal VKORC1 enzyme level**CYP2C9 - Intermediate metaboliser:**

Reduced metabolism of warfarin by CYP2C9 is predicted. Normal amount of VKORC1 (the enzyme warfarin inhibits). The combined CYP2C9 and VKORC1 results predict increased warfarin sensitivity and increased risk of supratherapeutic INR.

CYP2C9 and VKORC1 - For patients already taking warfarin (e.g. more than 5 doses), dose adjustment is guided by INR.

For patients initiating warfarin, there are CPIC⁸ recommendations to reach the therapeutic dose. The summary of CPIC recommendations include consideration of the use of validated published pharmacogenetic algorithms^{9,10} available at warfarindosing.org that take into account clinical details as well as genetic findings. See CPIC guidelines for further details. If the patient identifies to be of African ancestry, CPIC provides recommendations for special dosing requirements for warfarin.

VORTIOXETINE

Antidepressants - other

**CYP2D6 - Poor metaboliser:**

Greatly reduced metabolism by CYP2D6 and increased drug exposure is predicted. This may be associated with an increased risk of concentration-dependent adverse effects.¹

CPIC guidelines¹ provide a moderate recommendation to initiate therapy with 50% of the starting dose and titrate to the maximum recommended dose of 10mg, or to consider an appropriate alternative not predominantly metabolised by CYP2D6.

The TGA approved Product Information¹¹ states that a dose adjustment is not required. The FDA¹² approved labelling states that the recommended maximum dose is 10mg for CYP2D6 poor metabolisers. Regardless of which dosing advice is followed, be alert for adverse effects.

VENLAFAXINE

Antidepressants - SNRIs

**CYP2D6 - Poor metaboliser:**

Greatly reduced metabolism of venlafaxine into O-desvenlafaxine (also an active drug) is predicted. This will result in increased venlafaxine exposure and reduced O-desvenlafaxine exposure. The clinical impact of this is unclear, however there may be an increased risk of adverse effects, such as gastrointestinal discomfort. There are indications that the effectiveness of venlafaxine is reduced when used for management of depression in patients with this genotype.

CPIC guidelines¹ provide an optional recommendation to consider an appropriate alternative not predominantly metabolised by CYP2D6.

Major Prescribing Considerations

MEDICATION

DRUG CATEGORY

FLUVOXAMINE

Antidepressants - SSRIs



INTERPRETATION

CYP2D6 - Poor metaboliser
CYP1A2 - Ultrarapid metaboliser (with inducer present):

Fluvoxamine is metabolised by both CYP2D6 (predominant pathway) and CYP1A2. Negligible metabolism by CYP2D6 and increased metabolism by CYP1A2 in the presence of enzyme inducers such as cigarette smoke are predicted. Note that fluvoxamine itself will inhibit CYP1A2, which could negate the effect of enzyme induction, especially with increasing dose. Fluvoxamine exposure is likely to be increased. There is some evidence that increased drug exposure is associated with adverse effects, such as gastrointestinal upset.

RECOMMENDATION

Based on the CYP2D6 genotype, CPIC¹ provides an optional recommendation to consider a 25-50% reduction of the starting dose and a slower titration schedule, or to consider an appropriate alternative not predominantly metabolised by CYP2D6.

PAROXETINE

Antidepressants - SSRIs

CYP2D6 - Poor metaboliser:

Greatly reduced metabolism by CYP2D6 and greatly increased drug exposure are predicted. There may be an increased risk of adverse effects.

CPIC¹ guidelines provide a moderate recommendation to consider a 50% reduction of the recommended starting dose with a slower titration schedule and a 50% lower maintenance dose as compared to normal metabolisers. It would also be reasonable to monitor for adverse effects.

SERTRALINE

Antidepressants - SSRIs

CYP2B6 - Poor metaboliser

CYP2C19 - Normal metaboliser:
Sertraline is metabolised by both CYP2C19 and CYP2B6 into less active compounds. Normal metabolism by CYP2C19 and greatly reduced metabolism by CYP2B6 is predicted.¹

CPIC¹ guidelines provide an optional recommendation to consider a lower starting dose, slower titration schedule and a 25% reduction of the standard maintenance dose. Otherwise, switch to an appropriate alternative not predominantly metabolised by CYP2B6.

AMITRIPTYLINE

Antidepressants - TCAs

**CYP2D6 - Poor metaboliser**
CYP2C19 - Normal metaboliser:

Amitriptyline is metabolised by CYP2C19 into an active metabolite, which is further metabolised by CYP2D6 into an inactive metabolite. Normal metabolism of amitriptyline and negligible metabolism (via CYP2D6) of the active metabolite are predicted. Higher plasma concentrations of the active metabolite may increase the risk of adverse effects.

For use at higher doses such as in the treatment of depression, CPIC¹³ provides a strong recommendation to avoid amitriptyline use and consider use of an alternative not metabolised by CYP2D6. If a tricyclic is required, consider 50% reduction of the recommended steady-state starting dose. Consider therapeutic drug monitoring to guide dose adjustments.

For use at lower doses such as in treatment of neuropathic pain, initial dose adjustments are not recommended but close monitoring for adverse effects is advisable.

CLOMIPRAMINE

Antidepressants - TCAs

**CYP2D6 - Poor metaboliser**
CYP2C19 - Normal metaboliser:

Clomipramine is metabolised by CYP2C19 into an active metabolite, which is further metabolised by CYP2D6 into an inactive metabolite. Normal metabolism of clomipramine and negligible metabolism (via CYP2D6) of the active metabolite are predicted. Higher plasma concentrations of the active metabolite may increase the risk of adverse effects.

CPIC¹³ provides an optional recommendation to avoid clomipramine use and consider use of an alternative not metabolised by CYP2D6. If a tricyclic is required, consider 50% reduction of the recommended steady-state starting dose. Consider therapeutic drug monitoring to guide dose adjustments.

Note that these recommendations only apply to higher initial doses of tricyclic antidepressants for treatment of conditions such as depression.

Major Prescribing Considerations

MEDICATION

DRUG CATEGORY

INTERPRETATION

RECOMMENDATION

DOSULEPIN

Antidepressants - TCAs

**CYP2D6 - Poor metaboliser****CYP2C19 - Normal metaboliser:**

Dosulepin is metabolised by CYP2C19 into an active metabolite, which is further metabolised by CYP2D6 into an inactive metabolite. Normal metabolism of Dosulepin and negligible metabolism (via CYP2D6) of the active metabolite are predicted. Higher plasma concentrations of the active metabolite may increase the risk of adverse effects.

CPIC¹³ provides an optional recommendation to avoid dosulepin use and consider use of an alternative not metabolised by CYP2D6. If a tricyclic is required, consider 50% reduction of the recommended steady-state starting dose. Consider therapeutic drug monitoring to guide dose adjustments.

Note that these recommendations only apply to higher initial doses of tricyclic antidepressants for treatment of conditions such as depression.

DOXEPIN

Antidepressants - TCAs

**CYP2D6 - Poor metaboliser****CYP2C19 - Normal metaboliser:**

Doxepin is metabolised by CYP2C19 into an active metabolite, which is further metabolised by CYP2D6 into an inactive metabolite. Normal metabolism of doxepin and negligible metabolism (via CYP2D6) of the active metabolite are predicted. Higher plasma concentrations of the active metabolite may increase the risk of adverse effects.

CPIC¹³ provides an optional recommendation to avoid doxepin use and consider use of an alternative not metabolised by CYP2D6. If a tricyclic is required, consider 50% reduction of the recommended steady-state starting dose. Consider therapeutic drug monitoring to guide dose adjustments.

Note that these recommendations only apply to higher initial doses of tricyclic antidepressants for treatment of conditions such as depression.

IMIPRAMINE

Antidepressants - TCAs

**CYP2D6 - Poor metaboliser****CYP2C19 - Normal metaboliser:**

Imipramine is metabolised by CYP2C19 into an active metabolite, which is further metabolised by CYP2D6 into an inactive metabolite. Normal metabolism of imipramine and negligible metabolism (via CYP2D6) of the active metabolite are predicted. Higher plasma concentrations of the active metabolite may increase the risk of adverse effects.

CPIC¹³ provides an optional recommendation to avoid imipramine use and consider use of an alternative not metabolised by CYP2D6. If a tricyclic is required, consider 50% reduction of the recommended steady-state starting dose. Consider therapeutic drug monitoring to guide dose adjustments.

Note that these recommendations only apply to higher initial doses of tricyclic antidepressants for treatment of conditions such as depression.

NORTRIPTYLINE

Antidepressants - TCAs

**CYP2D6 - Poor metaboliser:**

Greatly reduced nortriptyline metabolism and increased drug exposure are predicted. An increased risk of adverse effects is expected.

For use at higher doses such as in the treatment of depression, CPIC guidelines¹³ provide a strong recommendation to avoid nortriptyline and consider an alternative antidepressant not metabolised by CYP2D6. If prescribing nortriptyline, CPIC guidelines recommend a 50% reduction of the recommended steady-state starting dose, as well as using therapeutic drug monitoring to guide dose adjustments.

For use at lower doses such as in treatment of neuropathic pain, initial dose adjustments are not recommended but close monitoring for adverse effects is advisable.

METOCLOPRAMIDE

Antiemetics

CYP2D6 - Poor metaboliser:

Reduced metabolism of metoclopramide by CYP2D6 is predicted. There may be an increased risk of extrapyramidal adverse effects, particularly at higher doses.

The FDA-approved drug label¹⁴ suggests a dose reduction in poor metabolisers. The suggested dose for use in gastrointestinal reflux is 5 mg four times daily or 10 mg three times daily; the suggested dose for use in diabetic gastroparesis is 5 mg four times daily. Monitor for adverse effects.

Major Prescribing Considerations

MEDICATION

DRUG CATEGORY

ONDANSETRON

Antiemetics

INTERPRETATION

CYP2D6 - Poor metaboliser:

Negligible metabolism via CYP2D6 and increased drug exposure are predicted. This has been associated with an improved antiemetic response. It may also increase the risk of concentration-dependent adverse effects.

RECOMMENDATION

CPIC¹⁵ notes that there is insufficient evidence for the clinical impact based on this CYP2D6 genotype. The usual starting dose is suggested. It would be advisable to monitor for adverse effects, especially with the use of higher doses.

TROPISETRON

Antiemetics

CYP2D6 - Poor metaboliser:

Significantly reduced metabolism via CYP2D6 and increased drug exposure are predicted. This has been associated with an improved antiemetic response. It may also increase the risk of concentration-dependent adverse effects.

CPIC¹⁵ notes that there is insufficient evidence for the clinical impact based on this CYP2D6 genotype. The usual starting dose is suggested. It would be advisable to monitor for adverse effects, especially with the use of higher doses.

FOSPHENYTOIN

Antiepileptics

CYP2C9 - Intermediate metaboliser:

Fosphenytoin is a prodrug of phenytoin. Reduced phenytoin metabolism and increased drug exposure are predicted. This genotype has been associated with an increased risk of concentration-dependent adverse effects.

Based on the CYP2C9 genotype, CPIC guidelines¹⁶ provide a moderate recommendation to use the typical initial or loading dose and for subsequent doses to use approximately 25% less than the typical maintenance dose. Subsequent dose adjustments should be guided by therapeutic drug monitoring and clinical response.

CPIC guidelines also address genetic testing for the presence of the HLA-B*15:02 allele (not currently tested by myDNA, but which may be requested through a local service if required) which is known to increase the risk of phenytoin-induced Stevens-Johnson syndrome and toxic epidermal necrolysis. The guidelines state that if both HLA-B*15:02 and CYP2C9 genotypes are known, consider the HLA-B*15:02 genotype first, then CYP2C9 genotype. In the instance of an HLA-B*15:02 positive result, CPIC guidelines provide a strong recommendation to not use phenytoin/fosphenytoin in patients who have never had phenytoin before, and to also avoid carbamazepine and oxcarbazepine. Phenytoin may be used cautiously in patients who have tolerated the drug previously for longer than three months without occurrence of adverse skin reactions.

SAMPLE

Major Prescribing Considerations

MEDICATION
DRUG CATEGORY**INTERPRETATION****RECOMMENDATION****PHENYTOIN**
Antiepileptics

CYP2C9 - Intermediate metaboliser:
Reduced phenytoin metabolism and increased drug exposure are predicted. This genotype has been associated with an increased risk of concentration-dependent adverse effects.

Based on the CYP2C9 genotype, CPIC guidelines¹⁶ provide a moderate recommendation to use the typical initial or loading dose and for subsequent doses to use approximately 25% less than the typical maintenance dose. Subsequent dose adjustments should be guided by therapeutic drug monitoring and clinical response.

CPIC also addresses genetic testing for the presence of the HLA-B*15:02 allele (not currently tested by myDNA, but which may be requested through a local service if required) which is known to increase the risk of phenytoin-induced Stevens-Johnson syndrome and toxic epidermal necrolysis. The guidelines state that if both HLA-B*15:02 and CYP2C9 genotypes are known, consider the HLA-B*15:02 genotype first, then CYP2C9 genotype. In the instance of an HLA-B*15:02 positive result, CPIC provide a strong recommendation to not use phenytoin in patients who have never had phenytoin before, and to also avoid carbamazepine and oxcarbazepine. Phenytoin may be used cautiously in patients who have tolerated the drug previously for longer than three months without occurrence of adverse skin reactions.

ARIPIRAZOLE
Antipsychotics

CYP2D6 - Poor metaboliser:
Poor metabolism by CYP2D6 and increased drug exposure are predicted. This may increase the risk of concentration-dependent adverse effects.

FDA-approved labelling¹⁷ advises use of 50% of the usual dose. Additionally, if aripiprazole is prescribed together with a strong CYP3A4 inhibiting drug, the dose should be reduced to 25% of the usual dose.

For the injectable depot (Abilify Maintena®), the FDA-approved label and TGA-approved product information¹⁸ recommends for CYP2D6 poor metabolisers to use a starting and maintenance dose of 300 mg and for CYP2D6 poor metabolisers taking CYP3A4 inhibitors, a 200 mg dose is advised.

Note the DPWG¹⁹ recommends administering no more than 10mg/day or 300 mg/month (68-75% of the standard maximum dose), for CYP2D6 poor metabolisers.

BREXPIRAZOLE
Antipsychotics

CYP2D6 - Poor metaboliser:
Poor metabolism by CYP2D6 and increased drug exposure are predicted. This may increase the risk of concentration-dependent adverse effects.

DPWG guidelines and FDA-approved labelling^{20, 21} advise initial treatment with 50% of the usual dose and adjusting according to clinical response. Additionally, if brexpiprazole is prescribed together with a strong CYP3A4 inhibiting drug, the dose should be reduced to 25% of the usual dose.²¹

HALOPERIDOL
Antipsychotics

CYP2D6 - Poor metaboliser:
Reduced metabolism by CYP2D6 and increased drug exposure are predicted. This may increase the risk of concentration-dependent adverse effects.

The DPWG²² recommends using 60% of the normal dose.

RISPERIDONE
Antipsychotics

CYP2D6 - Poor metaboliser:
Poor metabolism and increased drug exposure to risperidone is predicted. This has been associated with both an increased risk of certain adverse effects and a stronger decrease in symptoms when used in schizophrenia. An increased proportion of therapeutic failure has been observed with this genotype.

The DPWG²³ suggests using 67% of the standard dose. If problematic side effects originating from the central nervous system occur despite this reduced dose, a further reduction in dose to 50% of the standard dose is advised.

Major Prescribing Considerations

MEDICATION

DRUG CATEGORY

INTERPRETATION

RECOMMENDATION

ZUCLOPENTHIXOL

Antipsychotics

CYP2D6 - Poor metaboliser:

Poor metabolism and increased drug exposure are predicted. This has been associated with an increased risk of adverse effects.

The DPWG²² recommends using 50% of the normal dose.

DEXTROMETHORPHAN

Antitussives

CYP2D6 - Poor metaboliser:

Greatly reduced metabolism and increased drug exposure are predicted. This may increase the risk of adverse effects.

No genotype-guided dosing recommendation available. Monitor for adverse effects.

EFAVIRENZ

Antivirals

CYP2B6 - Poor metaboliser:

Greatly reduced metabolism of efavirenz and higher dose-adjusted trough concentrations compared with normal metabolisers is predicted. This has been associated with a significantly increased risk of concentration-dependent adverse effects (including CNS adverse events, hepatic injury and QTc prolongation) and treatment discontinuation.

CPIC²⁴ provides a moderate recommendation to consider initiating efavirenz with decreased dose of 400 or 200 mg/day. If therapeutic drug monitoring is available and a decreased dose of efavirenz is prescribed, consider obtaining steady-state plasma efavirenz concentrations to ensure they are in the suggested therapeutic range. The potential benefits and risks of the reduced dose and pill number should be considered.

METOPROLOL

Beta blockers

CYP2D6 - Poor metaboliser:

Decreased metabolism of metoprolol leading to markedly increased drug concentrations; this leads to greater heart rate and blood pressure reductions, but the effect on clinical outcomes is unclear.

CPIC guidelines²⁵ suggest initiating therapy with lowest recommended starting dose. Carefully titrate dose upward to clinical effect or guideline-recommended dose; monitor more closely for bradycardia. Alternatively, consider selecting another beta-blocker. Note these recommendations should not prevent or impede the up-titration of beta-blocker doses to maximally tolerated or guideline-recommended levels, such as in heart failure with reduced ejection fraction and in the post-myocardial infarction setting. If currently well tolerated and clinical response has been adequate, a change to therapy may not be required.

TIMOLOL

Beta blockers

CYP2D6 - Poor metaboliser:

Negligible metabolism by CYP2D6 and increased drug exposure are predicted. The poor metaboliser phenotype has been associated with increased clinical effects, including systemic beta-blocking adverse effects, observed with ophthalmic timolol aqueous (but not gel) preparations.

Monitor for systemic beta blocker adverse effects such as bradycardia and bronchospasm.

TACROLIMUS

Calcineurin inhibitors

CYP3A5 - Intermediate metaboliser:

Intermediate metabolism of tacrolimus is predicted. Lower dose-adjusted plasma concentrations of tacrolimus are also predicted when usual prescribing procedures are followed (note that the majority of Caucasians are poor metabolisers of tacrolimus who tend to have higher drug concentrations and prescribing procedures were developed for them). This is associated with a reduction in time that the tacrolimus concentration is in the therapeutic range and potentially with increased risk for transplant rejection.

For use in transplant recipients, other than in liver transplant where donor and recipient livers are of different genotypes, CPIC guidelines²⁶ recommend using an increased starting dose 1.5-2 times the recommended starting dose. Starting oral dose should not exceed 0.3mg/kg/day. Therapeutic drug monitoring should guide ongoing dose adjustments. DPWG guideline²⁷ recommendations are to use 1.5 times the initial dose and adjust based on therapeutic drug monitoring.

In liver transplants where the transplanted liver has a different genotype from the recipient's genotype, there is insufficient evidence to support a dose recommendation.^{26, 27}

Major Prescribing Considerations

MEDICATION

DRUG CATEGORY

ALLOPURINOL

Drugs for gout

INTERPRETATION

ABCG2 (rs2231142) - Poor transporter function:

This genotype is associated with a reduced excretion of uric acid by the kidneys and intestine, meaning that a stronger inhibition of the uric acid production by allopurinol is required to achieve the desired uric acid concentration. The effectiveness of allopurinol is reduced, so that a higher dose is required.

RECOMMENDATION

The DPWG guideline²⁸ recommends using 1.4 times the standard dose. This equates to a dose titration schedule of 100, 300, 400, 600 and 700 mg/day instead of the usual schedule of 100, 200, 300, 400 and 500 mg/day.

DAPOXETINE

Drugs for sexual dysfunction

**CYP2D6 - Poor metaboliser:**

Negligible metabolism by CYP2D6 and increased drug exposure are predicted. This may increase the risk of adverse effects. Concomitant use with CYP3A4 inhibiting drugs may be expected to further increase dapoxetine exposure and the risk of adverse effects.

The TGA²⁹ approved product information recommends caution with prescribing, given the increased predicted drug exposure. Consider alternative therapy. If using dapoxetine, monitor closely for adverse effects.

TAMOXIFEN

Immunomodulators and antineoplastics

**CYP2D6 - Poor metaboliser:**

Reduced formation of tamoxifen's active metabolite endoxifen by CYP2D6 is predicted. There is conflicting evidence on the effect of this genotype on cancer outcomes. Some studies have shown an increased risk of disease recurrence and higher mortality, whilst others have not shown such effects.

For the adjuvant treatment of ER+ breast cancer, CPIC guidelines³⁰ provides a strong recommendation to use alternative hormonal therapy such as an aromatase inhibitor for postmenopausal women or aromatase inhibitor along with ovarian function suppression in premenopausal women.

Note that higher dose tamoxifen (40mg/d) increases but does not normalize endoxifen concentrations, and can be considered if there are contraindications to aromatase inhibitor therapy.

ELIGLUSTAT

Miscellaneous

CYP2D6 - Poor metaboliser:

Negligible metabolism of eliglustat by CYP2D6 and greatly increased drug exposure are predicted. Increased risk of adverse effects such as a small, dose dependent elongation of the QT interval, especially if appropriate dose adjustments are not made. CYP3A4 inhibitors increase this risk further.³¹

The recommended dose of eliglustat depends on whether CYP3A4 and/or CYP2D6 inhibiting medications are co-prescribed. Refer to DPWG guidelines,³¹ FDA-approved drug label³² or TGA-approved product information³³ for prescribing details.

TAMSULOSIN

Miscellaneous

CYP2D6 - Poor metaboliser:

Reduced metabolism by CYP2D6 and increased drug exposure are predicted. This may increase the risk of concentration-dependent adverse effects. Concomitant use with CYP3A4 inhibiting drugs may be expected to further increase tamsulosin exposure and the risk of adverse effects.

Monitor for adverse effects. The FDA³⁴ has cautioned regarding this genotype and recommends the 0.4mg dose should not be used with strong inhibitors of CYP3A4 and should be used with caution in combination with strong or moderate inhibitors of CYP2D6 or in patients known to be CYP2D6 poor metabolisers, particularly at a dose higher than 0.4mg.

Major Prescribing Considerations

MEDICATION

DRUG CATEGORY

INTERPRETATION

RECOMMENDATION

SIPONIMOD

Neurological drugs

CYP2C9 - Intermediate metaboliser:

A reduced metabolism of siponimod and higher plasma concentration is predicted with the *1/*3 genotype, and by extension, other genotypes with comparable genetic variations to *1/*3.

DPWG³⁵ and the FDA-approved drug label³⁶ recommend the use of 50% of the normal maintenance dose in patients with the CYP2C9 *1/*3 genotype. The FDA-approved drug label states that in patients with the CYP2C9 *1/*3 genotype, treatment initiation should be with a 4-day titration, starting at 0.25 mg daily and gradually increasing until the maintenance dose of 1 mg on Day 5 of treatment. They also advise reconsideration or recommend against concomitant use of siponimod with moderate or strong CYP3A4 inducers in such patients due to a decrease in siponimod exposure. It would be reasonable to apply this recommendation to patients with a comparable genetic variation.

TETRABENAZINE

Neurological drugs

CYP2D6 - Poor metaboliser:

Greatly reduced metabolism by CYP2D6 and increased drug exposure are predicted. This may increase the risk of concentration-dependent adverse effects.

The FDA³⁷ approved drug label advises a maximum daily dose of 50mg, with a maximum recommended single dose of 25mg.

CELECOXIB

NSAIDs

CYP2C9 - Intermediate metaboliser:

Moderately reduced metabolism and increased celecoxib exposure are predicted³⁸. This may increase the risk of concentration-dependent adverse effects such as gastrointestinal bleeding³⁹.

CPIC guidelines⁴⁰ have a moderate recommendation to initiate therapy with the lowest recommended starting dose. Titrate upward to clinical effect or maximum recommended dose with caution. In accordance with prescribing information, use the lowest effective dose for the shortest duration required. Carefully monitor for adverse effects such as blood pressure and kidney function. Consider general measures to manage the risk of toxicity such as considering alternative treatments, using the lowest effective dose and gastroprotective agents as clinically appropriate.

FLURBIPROFEN

NSAIDs

CYP2C9 - Intermediate metaboliser:

Reduced metabolism by CYP2C9 and increased drug exposure are predicted⁴¹. This may increase the risk of adverse effects.

CPIC guidelines⁴⁰ have a moderate recommendation to initiate therapy with the lowest recommended starting dose. Titrate upward to clinical effect or maximum recommended dose with caution. In accordance with prescribing information, use the lowest effective dose for the shortest duration required. Carefully monitor for adverse effects such as blood pressure and kidney function. Consider general measures to manage the risk of toxicity such as considering alternative treatments, using the lowest effective dose and gastroprotective agents as clinically appropriate.

IBUPROFEN

NSAIDs

CYP2C9 - Intermediate metaboliser:

Reduced metabolism by CYP2C9 and increased drug exposure are predicted⁴². This has been associated with an increased risk of adverse effects, including gastrointestinal bleeding⁴².

CPIC guidelines⁴⁰ have a moderate recommendation to initiate therapy with the lowest recommended starting dose. Titrate upward to clinical effect or maximum recommended dose with caution. In accordance with prescribing information, use the lowest effective dose for the shortest duration required. Carefully monitor for adverse effects such as blood pressure and kidney function. Consider general measures to manage the risk of toxicity such as considering alternative treatments, using the lowest effective dose and gastroprotective agents as clinically appropriate.

Major Prescribing Considerations

MEDICATION

DRUG CATEGORY

MELOXICAM

NSAIDs

INTERPRETATION

CYP2C9 - Intermediate metaboliser:

Reduced metabolism by CYP2C9 and increased drug exposure are predicted.⁴³ This may be associated with an increased risk of adverse effects, including gastrointestinal bleeding.³⁹

RECOMMENDATION

CPIC guidelines⁴⁰ have a moderate recommendation to initiate therapy with 50% of the lowest recommended starting dose. Titrate upward to the clinical effect or 50% of the maximum recommended dose with caution. In accordance with prescribing information, use the lowest effective dose for the shortest duration required. Upward dose titration should not occur until after steady state is reached (at least 7 days). Carefully monitor adverse events such as blood pressure and kidney function. Alternatively, consider an alternative therapy not metabolised by CYP2C9 or not significantly impacted by CYP2C9 genetic variants in vivo (such as aspirin, ketorolac, naproxen or sulindac), or choose an NSAID metabolised by CYP2C9 but with a shorter half life (such as celecoxib, flurbiprofen, ibuprofen or lornoxicam). Consider general measures to manage the risk of toxicity such as considering alternative treatments, using the lowest effective dose and gastroprotective agents as clinically appropriate.

PIROXICAM

NSAIDs

**CYP2C9 - Intermediate metaboliser:**

Reduced metabolism by CYP2C9 and increased drug exposure are predicted.⁴² This has been associated with an increased risk of adverse effects, including gastrointestinal bleeding.³⁹

CPIC guidelines⁴⁰ have a moderate recommendation to choose an alternative therapy not metabolised by CYP2C9 or not significantly impacted by CYP2C9 variants in vivo (such as aspirin, ketorolac, naproxen or sulindac), or choose an NSAID metabolised by CYP2C9 but with a shorter half-life (such as celecoxib, flurbiprofen, ibuprofen or lornoxicam).

CODEINE

Opioid Analgesics

**CYP2D6 - Poor metaboliser****OPRM1 - Reduced mu opioid receptor expression:**

Greatly reduced metabolism of codeine by CYP2D6 into its active metabolite morphine is predicted. There is a high likelihood of an inadequate analgesic response to codeine.⁴⁴

Whilst this OPRM1 genotype has been associated with reduced sensitivity to morphine and by extrapolation, to codeine as well, there is insufficient evidence for its clinical significance.

Codeine is contraindicated in children under 12 years of age.⁴⁴

Based on the CYP2D6 genotype CPIC and DPWG guidelines^{45,46} provide a strong recommendation to avoid codeine use because of possibility of diminished analgesia. If opioid use is warranted, consider a non-tramadol opioid.

There is no additional genotype-guided dosing recommendation based on the OPRM1 result.

TRAMADOL

Opioid Analgesics

**CYP2D6 - Poor metaboliser:**

Negligible formation of tramadol's active metabolite is predicted. This could lead to a reduction in analgesic response.

Note that tramadol is a serotonergic drug. There is an increased risk of serotonin toxicity when used together with other serotonergic drugs.

CPIC guidelines⁴⁵ provide a strong recommendation to avoid tramadol use because of possibility of diminished analgesia. If opioid use is warranted, consider a non-codeine opioid.

DPWG guidelines⁴⁶ provide a recommendation to be alert to possible reduced analgesic effects. In the case of reduced effectiveness, increase the dose or choose a non-codeine alternative.

Major Prescribing Considerations

MEDICATION

DRUG CATEGORY

ATORVASTATIN

Statins

INTERPRETATION

SLCO1B1 - Decreased transporter function:

This SLCO1B1 genotype is associated with increased atorvastatin exposure compared with a normal function genotype, which may translate to increased risk of atorvastatin related myopathy.⁴⁷

Other factors that may further increase this myopathy risk include: higher doses, certain co-administered drugs, female sex, patient frailty, renal failure, hypothyroidism, advanced age, low BMI, intense physical exercise and Asian or African ancestry.

RECOMMENDATION

Based on this SLCO1B1 genotype, CPIC guidelines⁴⁷ provide a moderate recommendation to prescribe less than or equal to 40 mg as a starting dose and adjust doses based on disease-specific guidelines. Be aware of possible increased risk for myopathy especially for the 40 mg dose. If doses >40mg are needed for desired efficacy, consider combination therapy (i.e. atorvastatin plus non-statin guideline directed medical therapy).

Based on this SLCO1B1 genotype, the risk of statin-associated musculoskeletal symptoms (SAMS)⁴⁷ is as follows:

Atorvastatin 80mg - High SAMS risk

If used < 1 year: Consider changing to a statin/dose combination with lower SAMS risk.

If used > 1 year without SAMS: it is reasonable to continue.

Atorvastatin 40mg - Moderate SAMS risk

If used < 4 weeks: Consider changing to a statin/dose combination with lower SAMS risk.

If used > 4 weeks without SAMS: it is reasonable to continue.

Atorvastatin 10-20mg - Low SAMS risk.

FLUVASTATIN

Statins

SLCO1B1 - Decreased transporter function**CYP2C9 - Intermediate metaboliser:**

This SLCO1B1 genotype is associated with an increased exposure to fluvastatin as compared with the normal function genotype; there is typical myopathy risk with doses of less than or equal to 40mg.⁴⁷

This CYP2C9 genotype predicts increased fluvastatin exposure as compared with normal metabolisers, which may translate to increased myopathy risk.⁴⁷

Other factors that may further increase this myopathy risk include: higher doses, certain co-administered drugs, female sex, patient frailty, renal failure, hypothyroidism, advanced age, low BMI, intense physical exercise and Asian or African ancestry.

CPIC guidelines⁴⁷ provide an optional recommendation to prescribe less than or equal to 20mg daily as a starting dose and adjust doses based on disease-specific guidelines. If doses >20mg are required for desired efficacy, consider an alternative statin or combination therapy (i.e. fluvastatin plus non-statin guideline directed medical therapy).

Major Prescribing Considerations

MEDICATION

DRUG CATEGORY

LOVASTATIN

Statins



INTERPRETATION

SLCO1B1 - Decreased transporter function:

This SLCO1B1 genotype is associated with an increased lovastatin exposure compared with a normal function genotype, which may translate to increased myopathy risk.⁴⁷

Other factors that may further increase this myopathy risk: higher doses, certain co-administered drugs, female sex, patient frailty, renal failure, hypothyroidism, advanced age, low BMI, intense physical exercise and Asian or African ancestry.

RECOMMENDATION

CPIC guidelines⁴⁷ provide a moderate recommendation to prescribe an alternative statin depending on the desired potency. If lovastatin therapy is warranted, limit dose to less than or equal to 20mg daily.

Based on this SLCO1B1 genotype, the risk of statin-associated musculoskeletal symptoms (SAMS)⁴⁷ is as follows:

Lovastatin 40-80mg - High SAMS risk

If used < 1 year: Consider changing to a statin/dose combination with lower SAMS risk.

If used > 1 year without SAMS: it is reasonable to continue.

Lovastatin 20mg - Moderate SAMS risk

If used < 4 weeks: Consider changing to a statin/dose combination with lower SAMS risk.

If used > 4 weeks without SAMS: it is reasonable to continue.

PITAVASTATIN

Statins

SLCO1B1 - Decreased transporter function:

This SLCO1B1 genotype is associated with an increased pitavastatin exposure compared with a normal function genotype, which may translate to increased myopathy risk.⁴⁷

Other factors that may further increase this myopathy risk include: higher doses, certain co-administered drugs, female sex, patient frailty, renal failure, hypothyroidism, advanced age, low BMI, intense physical exercise and Asian or African ancestry.

CPIC guidelines⁴⁷ provide a moderate recommendation to prescribe a less than or equal to 2 mg starting dose and adjust doses based on disease-specific guidelines. Be aware of possible increased risk for myopathy, especially for doses >1 mg. If a dose >2 mg is required for desired efficacy, consider an alternative statin or combination therapy (i.e. pitavastatin plus non-statin guideline directed medical therapy).

Based on this SLCO1B1 genotype, the risk of statin-associated musculoskeletal symptoms (SAMS)⁴⁷ is as follows:

Pitavastatin 4mg - High SAMS risk

If used < 1 year: Consider changing to a statin/dose combination with lower SAMS risk.

If used > 1 year without SAMS: it is reasonable to continue.

Pitavastatin 2mg - Moderate SAMS risk

If used < 4 weeks: Consider changing to a statin/dose combination with lower SAMS risk.

If used > 4 weeks without SAMS: it is reasonable to continue.

Pitavastatin 1mg - Low SAMS risk.

Major Prescribing Considerations

MEDICATION

DRUG CATEGORY

ROSUVASTATIN

Statins

INTERPRETATION

ABCG2 (rs2231142) - Poor transporter function**SLCO1B1 - Decreased transporter function:**

This SLCO1B1 genotype is associated with an increased rosuvastatin exposure compared with a normal function genotype, however is associated with a typical myopathy risk with doses of rosuvastatin up to 20 mg.⁴⁷ This ABCG2 genotype predicts increased rosuvastatin exposure and increased lipid-lowering effects compared with the normal or decreased function genotype, however the effect on myopathy risk is unknown.⁴⁷

Other factors that may further increase this myopathy risk include: higher doses, certain co-administered drugs, female sex, patient frailty, renal failure, hypothyroidism, advanced age, low BMI, intense physical exercise and Asian or African ancestry.

RECOMMENDATION

CPIC guidelines⁴⁷ provide an optional recommendation to use a starting dose of up to 10 mg and adjust dose based on disease-specific and specific population guidelines. If doses over 10 mg needed for desired efficacy, consider an alternative statin or combination therapy (i.e. rosuvastatin plus non-statin guideline directed medical therapy).

SIMVASTATIN

Statins

**SLCO1B1 - Decreased transporter function:**

This SLCO1B1 genotype is associated with increased simvastatin exposure and increased myopathy risk compared with the normal function genotype.⁴⁷

Other factors that may further increase this myopathy risk include: higher doses, certain co-administered drugs, female sex, patient frailty, renal failure, hypothyroidism, advanced age, low BMI, intense physical exercise and Asian or African ancestry.

Based on this SLCO1B1 genotype, CPIC guidelines⁴⁷ provide a strong recommendation to prescribe an alternative statin depending on desired potency. If simvastatin therapy is warranted, limit dose to <20 mg daily.

Based on this SLCO1B1 genotype, the risk of statin-associated musculoskeletal symptoms (SAMS)⁴⁷ is as follows:

Simvastatin 20-40mg - High SAMS risk

If used < 1 year: Consider changing to a statin/dose combination with lower SAMS risk.

If used > 1 year without SAMS: it is reasonable to continue.

Simvastatin 10mg - Moderate SAMS risk

If used < 4 weeks: Consider changing to a statin/dose combination with lower SAMS risk.

If used > 4 weeks without SAMS: it is reasonable to continue.

i **These are medications with minor prescribing considerations as identified by the test.**

We recommend that you consider genetic factors alongside clinical judgment. Not all patients will require genotype-guided prescribing changes.

Minor Prescribing Considerations

MEDICATION DRUG CATEGORY	INTERPRETATION	RECOMMENDATION
IRBESARTAN Angiotensin receptor blockers	CYP2C9 - Intermediate metaboliser: Reduced irbesartan metabolism and increased drug exposure are predicted. This may be associated with a greater blood pressure lowering effect as well as concentration-dependent adverse effect.	No genotype-guided dosing recommendation available. Monitor for adverse effects.
LOSARTAN Angiotensin receptor blockers	CYP2C9 - Intermediate metaboliser: A reduction in the formation of losartan's active metabolite is predicted. This may be exacerbated by the co-administration of CYP2C9 inhibiting medications. This may lead to reduced clinical effects.	No genotype-guided dosing recommendation available. Monitor for a reduced clinical response and consider alternative therapy as required.
DARIFENACIN Anticholinergics (genitourinary)	CYP2D6 - Poor metaboliser: Negligible metabolism by CYP2D6 and increased drug exposure are predicted. This may increase the risk of adverse effects. ⁴⁸ Concomitant use with CYP3A4 inhibiting drugs may be expected to further increase darifenacin exposure and the risk of adverse effects.	No genotype-guided dosing recommendation available. Caution with co-administered CYP3A4 inhibiting drugs. Monitor for adverse effects.
DONEPEZIL Anticholinesterases	CYP2D6 - Poor metaboliser: Negligible metabolism via CYP2D6 and increased drug exposure are predicted. ⁴⁹ This may increase the risk of concentration-dependent adverse effects and a poorer response to therapy.	No genotype-guided dosing recommendation available. Monitor for adverse effects or a poor response to therapy. Note that the CYP2D6 genotype is not expected to affect the metabolism of an alternate cholinesterase inhibitor, rivastigmine.
GALANTAMINE Anticholinesterases	CYP2D6 - Poor metaboliser: Negligible metabolism via CYP2D6 and increased drug exposure are predicted. This may increase the risk of concentration-dependent adverse effects.	The FDA-approved drug label ⁵⁰ states that dosage adjustment of galantamine is not necessary in patients identified as CYP2D6 poor metabolisers as the dose is individually titrated to tolerability. Monitor for adverse effects or a poor response to therapy. Note that the CYP2D6 genotype is not expected to affect the metabolism of an alternate cholinesterase inhibitor, rivastigmine.
AGOMELATINE Antidepressants - other	CYP1A2 - Ultrarapid metaboliser (with inducer present): Increased agomelatine metabolism and reduced plasma concentrations are predicted ^{51, 52} . This effect is expected to be enhanced with exposure to enzyme inducers such as tobacco smoking, daily consumption of cruciferous vegetables or chargrilled meat, and certain medications (e.g. omeprazole). The clinical significance of this has not yet been established.	No genotype-guided dosing recommendation available. It would be reasonable to monitor for an adequate clinical response.

Minor Prescribing Considerations

MEDICATION

DRUG CATEGORY

INTERPRETATION

RECOMMENDATION

BUPROPION

Antidepressants - other

CYP2B6 - Poor metaboliser:

Individuals with this genotype may have reduced bupropion metabolism and formation of the active metabolite hydroxybupropion (this is extrapolated mainly from data involving the *6 reduced function allele), as compared with individuals carrying only normal or increased function alleles.^{53, 54} Reduced CYP2B6 function may result in reduced effect and/or adverse effects, however, direct evidence is lacking. Other genetic and clinical factors may also affect bupropion metabolism.

Monitor for adequate clinical response and/or adverse effects.

No genotype-guided dosing recommendation available. Usual prescribing considerations apply.

MIANSERIN

Antidepressants - other

CYP2D6 - Poor metaboliser:

Negligible metabolism by CYP2D6 and increased drug exposure are predicted. This could increase the risk of adverse effects.

No genotype-guided dosing recommendation is available. Be alert for adverse effects.

MIRTAZAPINE

Antidepressants - other

**CYP2D6 - Poor metaboliser
CYP1A2 - Ultrarapid metaboliser (with inducer present):**

Mirtazapine is metabolised by a number of enzymes, including CYP2D6 and CYP1A2. Negligible metabolism by CYP2D6 and increased metabolism by CYP1A2 in the presence of enzyme inducers (e.g. cigarette smoking) are predicted. The overall effect on plasma concentrations and clinical effects is difficult to predict.

Monitor for altered clinical effect. Based on the CYP2D6 genotype, DPWG suggests that no specific action on mirtazapine dosing is required.⁵⁵

DULOXETINE

Antidepressants - SNRIs

**CYP2D6 - Poor metaboliser
CYP1A2 - Ultrarapid metaboliser (with inducer present):**

Duloxetine is metabolised by both CYP1A2 and CYP2D6, with CYP1A2 likely to have the major role. Negligible metabolism of duloxetine by CYP2D6 and increased metabolism by CYP1A2 in patients exposed to enzyme inducers (e.g. cigarette smoke) is predicted. The overall effect on duloxetine plasma concentrations and clinical response is difficult to predict. The FDA-approved drug label⁵⁶ notes that concomitant administration of duloxetine and a potent CYP1A2 inhibitor to CYP2D6 poor metabolisers resulted in significant increase in drug exposure. Note that CPIC¹ state that there are currently no recommendations for dosing of duloxetine based on CYP2D6 genotype.

No genotype-guided dosing recommendation available. Be alert to an inadequate response, especially in smokers.

FLUOXETINE

Antidepressants - SSRIs

**CYP2D6 - Poor metaboliser
CYP2C9 - Intermediate metaboliser:**

The CYP2D6 genotype predicts increased fluoxetine exposure and reduced formation of the active S-norfluoxetine metabolite. The CYP2C9 genotype predicts reduced metabolism via this pathway.

Based on the CYP2D6 genotype, CPIC guidelines¹ suggest that no action is recommended due to minimal evidence regarding the impact on efficacy or side effects. The FDA⁵⁷ has cautioned regarding this genotype and increased risk for QT prolongation with fluoxetine.

It would be reasonable to monitor for altered clinical effect, including adverse effects.

Minor Prescribing Considerations

MEDICATION

DRUG CATEGORY

INTERPRETATION**RECOMMENDATION****GLIBENCLAMIDE**

Antidiabetics

CYP2C9 - Intermediate metaboliser:

Reduced metabolism and increased drug exposure are predicted. This has been associated with a greater reduction in HbA1c as well as increased likelihood of hypoglycaemia.

DPWG suggests that no specific action on glibenclamide dosing is required with this genotype.⁵⁸ It would be reasonable to consider a lower starting dose with close monitoring for adverse effects.

GLICLAZIDE

Antidiabetics

CYP2C9 - Intermediate metaboliser**CYP2C19 - Normal metaboliser:**

This CYP2C9 genotype has been associated with increased clinical effects (hypoglycaemia, reduced HbA1c). This CYP2C19 genotype predicts normal metabolism of gliclazide. The overall effect of both genotypes is not known for sure.

Based on the CYP2C9 genotype, DPWG suggests that no specific action on gliclazide dosing is required with this genotype.⁵⁹

GLIMEPIRIDE

Antidiabetics

CYP2C9 - Intermediate metaboliser:

Reduced metabolism and increased drug exposure are predicted. This has been associated with a greater reduction in HbA1c as well as increased likelihood of hypoglycaemia.

DPWG suggests that no specific action on glimepiride dosing is required with this genotype.⁶⁰ It would be reasonable to consider a lower starting dose with close monitoring for adverse effects.

GLIPIZIDE

Antidiabetics

CYP2C9 - Intermediate metaboliser:

Reduced metabolism and increased drug exposure are predicted. This may be associated with an increase in insulin response to glipizide and has also been linked to an increased likelihood of hypoglycaemia in patients over 60 years of age.⁶¹

No genotype guided dosing recommendation available. It may be reasonable to consider a lower starting dose with close monitoring for adverse effects.

CHLORPHENIRAMINE

Antihistamines

CYP2D6 - Poor metaboliser:

Reduced metabolism of chlorpheniramine and increased drug exposure are predicted. There may potentially be an increased risk of adverse effects, such as drowsiness, although evidence for this is limited.

No genotype-guided dosing recommendation available. Consider using a lower starting dose. Monitor for adverse effects.

DEXCHLORPHENIRAMINE

Antihistamines

CYP2D6 - Poor metaboliser:

Reduced metabolism of dexchlorpheniramine and increased drug exposure are predicted. There may potentially be an increased risk of adverse effects, such as drowsiness, although evidence for this is limited.

No genotype-guided dosing recommendation available. Consider using a lower starting dose. Monitor for adverse effects.

PROMETHAZINE

Antihistamines

CYP2D6 - Poor metaboliser:

Reduced metabolism of promethazine and increased drug exposure are predicted. There may potentially be an increased risk of adverse effects, such as drowsiness, although evidence for this is limited.

No genotype-guided dosing recommendation available. Consider using a lower starting dose. Monitor for adverse effects.

CHLORPROMAZINE

Antipsychotics

CYP2D6 - Poor metaboliser:

Greatly reduced metabolism of chlorpromazine by CYP2D6 and increased drug exposure are predicted. There may be an increased risk of adverse effects.

No genotype-guided dosing recommendation available. Monitor for adverse effects.

Minor Prescribing Considerations

MEDICATION

DRUG CATEGORY

CLOZAPINE

Antipsychotics

INTERPRETATION

**CYP2D6 - Poor metaboliser
CYP1A2 - Ultrarapid metaboliser (with inducer present):**

Based on the CYP1A2 genotype, increased metabolism of clozapine and reduced drug exposure are predicted in the presence of inducers such as tobacco smoking, daily consumption of cruciferous vegetables or chargrilled meat, and certain medications (e.g. omeprazole). This CYP1A2 genotype has also been associated with a reduced clinical response to clozapine, which is more marked in smokers.⁶² The DPWG guidelines²² state that there is no gene-drug interaction for CYP1A2 and clozapine.

The FDA-approved drug label⁶³ states that in CYP2D6 poor metabolisers, plasma concentrations of clozapine may be increased.

RECOMMENDATION

Based on the CYP1A2 genotype, no genotype-guided dosing recommendation available. Monitor for reduced clinical effect, especially in a patient exposed to enzyme inducers. If exposure to enzyme inducers stops abruptly (e.g. tobacco smoking cessation) monitor for emergent concentration-dependent adverse effects. Some authorities have recommended a dose reduction at the time of smoking cessation.⁶⁴

Based on the CYP2D6 genotype, the FDA-approved drug label⁶³ states that it may be necessary to reduce the dose in CYP2D6 poor metabolisers, as they may develop higher than expected plasma concentrations when given usual doses. The DPWG guidelines²² state that no action is required for this CYP2D6 genotype and clozapine.

OLANZAPINE

Antipsychotics

CYP1A2 - Ultrarapid metaboliser (with inducer present):

Increased metabolism of olanzapine by CYP1A2 and reduced drug exposure are predicted, especially in the presence of inducers such as tobacco smoking, daily consumption of cruciferous vegetables or chargrilled meat and certain medications (e.g. omeprazole). This genotype has been associated with a reduced clinical response to olanzapine independent of smoking, but this has not been confirmed in all studies. Although olanzapine is metabolised to a lesser extent by CYP2D6, the DPWG guidelines²² state that there is no gene-drug interaction for either CYP1A2 or CYP2D6 and olanzapine.

No genotype-guided dosing recommendation is available. Monitor for reduced clinical effect, especially in a patient exposed to enzyme inducers. If exposure to enzyme inducers stops abruptly (e.g. tobacco smoking cessation) monitor for emergent concentration-dependent adverse effects. Some authorities have recommended a dose reduction at the time of smoking cessation.⁶⁴

QUETIAPINE

Antipsychotics

CYP3A4 - Intermediate metaboliser:

Reduced metabolism of quetiapine to inactive metabolites and an active metabolite with anti-depressant effects. Effect on plasma concentration is limited (20% increase compared with normal metabolisers).^{65,66} This may potentially be associated with increased clinical effects (therapeutic and/or adverse), although direct evidence is lacking. Although quetiapine is also metabolised to a lesser extent by CYP2D6, the DPWG guidelines²² state that there is no gene-drug interaction for CYP2D6 and quetiapine.

The DPWG guidelines state that no action is required based on this genotype.⁶⁵ Be alert for increased clinical effects.

Minor Prescribing Considerations

MEDICATION

DRUG CATEGORY

INTERPRETATION

RECOMMENDATION

ATAZANAVIR

Antivirals

CYP3A5 - Intermediate metaboliser:

Moderately increased atazanavir metabolism and reduced drug exposure are predicted (metabolism is increased when compared with most Caucasian people who are CYP3A5 poor metabolisers). Co-administration with ritonavir ("ritonavir-boosting") may partly or wholly offset the increased atazanavir metabolism associated with this genotype⁶⁷.

Note that a test for a variation in the UGT1A1 gene is available. This test is useful for predicting the risk of atazanavir-induced hyperbilirubinemia, and if results are available, they may be considered in addition to the CYP3A5 results.

CYP3A5 - No genotype-guided dosing recommendation available. Monitor for a reduced clinical effect.

NEVIRAPINE

Antivirals

CYP2B6 - Poor metaboliser:

Greatly reduced metabolism by CYP2B6 and increased nevirapine exposure are predicted. There may be an increased risk for concentration-dependent adverse effects. There may be an increased risk of Stevens-Johnson Syndrome/TEN with nevirapine treatment in individuals with the 516G>T allele (present in *6) and the 983T>C allele (present in *18), compared with those without these alleles. This is only one of a number of risk factors associated with Stevens-Johnson Syndrome.

No genotype-guided dosing recommendation available. Monitor for adverse effects.

CARVEDILOL

Beta blockers

CYP2D6 - Poor metaboliser:

Negligible metabolism by CYP2D6 and increased drug exposure are predicted. It is unclear whether this results in clinically significant changes in heart rate, blood pressure or major clinical outcomes. The FDA-approved drug label notes that poor metabolisers had a higher rate of dizziness during up-titration.⁶⁸

CPIC guidelines²⁵ provide no recommendation in relation to carvedilol therapy due to insufficient evidence regarding clinical effectiveness. It would be reasonable to consider standard dosing and monitoring for adverse effects.

PROPRANOLOL

Beta blockers

CYP2D6 - Poor metaboliser**CYP1A2 - Ultrarapid metaboliser (with inducer present):**

Propranolol is metabolised by both CYP2D6 and CYP1A2 and also has an active metabolite. This genotype predicts negligible metabolism by CYP2D6 and increased metabolism by CYP1A2 (the latter mainly in the presence of inducers such as cigarette smoke). In relation to CYP2D6, CPIC guidelines²⁵ state that there is no or insufficient evidence for an effect on drug exposure, blood pressure and heart rate. The FDA⁶⁹ notes that systemic concentrations may be affected in CYP2D6 poor metabolisers.

Based on the CYP2D6 genotype, CPIC guidelines²⁵ provide no recommendation in relation to propranolol therapy due to no or insufficient evidence regarding drug exposure and clinical effectiveness. It would be reasonable to consider standard dosing and monitoring for altered clinical effect in patients exposed to CYP1A2 inducers.

Minor Prescribing Considerations

MEDICATION

DRUG CATEGORY

INTERPRETATION

RECOMMENDATION

AVATROMBOPAG

Haemostatic agents

CYP2C9 - Intermediate metaboliser:

A reduced metabolism by CYP2C9 of avatrombopag and higher plasma concentration is predicted.⁶⁹

CYP2C9 - For treatment of chronic immune thrombocytopenia, the FDA-approved drug label⁷⁰ and TGA-approved product information⁷¹ advises a reduced dose with concomitant use of a moderate or strong dual inhibitor of CYP2C9 and CYP3A4 due to the increased risk of toxicity. It advises an increased starting dose with concomitant use of a moderate or strong dual inducer of CYP2C9 and CYP3A4 due to a possible reduction in efficacy.

GEFITINIB

Immunomodulators and antineoplastics

CYP2D6 - Poor metaboliser:

Poor metabolism by CYP2D6 and increased drug exposure are predicted. This may increase the risk of concentration-dependent adverse effects.

The FDA-approved drug label⁷² advises that there is no dose adjustment recommendations for gefitinib in individuals with a known CYP2D6 poor metaboliser genotype, but they should be closely monitored for adverse reactions. The DPWG⁷³ suggests that no specific action on gefitinib dosing is required with this genetic result.

MEFENAMIC ACID

NSAIDs

CYP2C9 - Intermediate metaboliser:

Mefenamic acid is metabolised by CYP2C9.⁷⁴ This genotype predicts an increase in mefenamic acid exposure which may potentially increase the risk of adverse effects⁷⁵, especially with high dosages or if drug-drug interactions occur.

Standard dosing and prescribing measures apply. Monitor for adverse effects.

METHADONE

Opioid Analgesics

CYP2B6 - Poor metaboliser:

Reduced metabolism by CYP2B6 and increased S-methadone plasma concentrations, but no difference in steady-state R-methadone plasma concentrations has been observed. This may be associated with QT interval prolongation, however there is limited evidence of the clinical significance.

CPIC guidelines⁷⁶ provide a moderate recommendation for standard dosing, titration, and monitoring of methadone. It would be reasonable to be alert to increased clinical effects, including adverse effects such as QT interval prolongation

OXYCODONE

Opioid Analgesics

CYP2D6 - Poor metaboliser:

Significantly reduced exposure to oxycodone's active metabolite, oxymorphone, is predicted. Although this may potentially lead to reduced analgesia or increased oxycodone consumption, there is limited evidence to suggest that this is clinically significant.

Due to inconsistent evidence for adverse effects and analgesia, CPIC guidelines⁴⁵ have no recommendations to support oxycodone dosing.

DPWG⁴⁶ also suggest that no specific action on oxycodone dosing is required. Be alert to a reduced response.

LANSOPRAZOLE

Proton pump inhibitors

CYP2C19 - Normal metaboliser:

This genotype predicts typical metabolism of lansoprazole. However, this rate of metabolism has been associated with a potentially incomplete clinical response in conditions such as oesophagitis and H. pylori, compared to intermediate and poor metabolisers.

CPIC guidelines have a moderate recommendation to initiate a standard starting daily dose. Consider increasing the dose by 50-100% for the treatment of H. pylori infection and erosive esophagitis, and giving the daily dose in divided doses.⁷⁷ If response is inadequate, consider the use of esomeprazole or rabeprazole.

OMEPRAZOLE

Proton pump inhibitors

CYP2C19 - Normal metaboliser:

This genotype predicts typical metabolism of omeprazole. However, this rate of metabolism has been associated with a potentially incomplete clinical response in conditions such as oesophagitis and H. pylori, compared to intermediate and poor metabolisers.

CPIC guidelines have a moderate recommendation to initiate a standard starting daily dose. Consider increasing the dose by 50-100% for the treatment of H. pylori infection and erosive esophagitis, and giving the daily dose in divided doses.⁷⁷ If response is inadequate, consider use of esomeprazole or rabeprazole.

Minor Prescribing Considerations

MEDICATION

DRUG CATEGORY

PANTOPRAZOLE

Proton pump inhibitors

INTERPRETATION

CYP2C19 - Normal metaboliser:

This genotype predicts typical metabolism of pantoprazole. However, this rate of metabolism has been associated with a potentially incomplete clinical response in conditions such as oesophagitis and H. pylori, compared to intermediate and poor metabolisers.

RECOMMENDATION

CPIC guidelines have a moderate recommendation to initiate a standard starting daily dose. Consider increasing the dose by 50-100% for the treatment of H. pylori infection and erosive esophagitis, and giving the daily dose in divided doses.⁷⁷
If response is inadequate, consider the use of esomeprazole or rabeprazole.

DEXAMPHETAMINE

Psychostimulants

CYP2D6 - Poor metaboliser:

Dexamphetamine is eliminated by both the kidney (as unchanged drug) and the liver, with CYP2D6 playing a significant role. Negligible metabolism via CYP2D6 and increased dexamphetamine exposure is predicted. Clinical effects may be increased.

The FDA-approved drug label suggests a lower starting dose and monitoring for adverse effects where there is a lack of CYP2D6 function.⁷⁸

LISDEXAMFETAMINE

Psychostimulants

CYP2D6 - Poor metaboliser:

Lisdexamfetamine is a prodrug of dextroamphetamine (also known as dexamphetamine). Dextroamphetamine is eliminated by both the kidney (as unchanged drug) and the liver, with CYP2D6 playing a significant role. Negligible metabolism via CYP2D6 and increased dextroamphetamine exposure is predicted. Clinical effects may be increased.

The FDA-approved drug label suggests a lower starting dose and monitoring for adverse effects where there is a lack of CYP2D6 function.⁷⁹

PRAVASTATIN

Statins

SLCO1B1 - Decreased transporter function:

This SLCO1B1 genotype is associated with an increased pravastatin exposure compared with a normal function genotype. There is a typical myopathy risk with doses less than or equal to 40mg.⁴⁷

Other factors that may further increase this myopathy risk include: higher doses, certain co-administered drugs, female sex, patient frailty, renal failure, hypothyroidism, advanced age, low BMI, intense physical exercise and Asian or African ancestry.

CPIC guidelines⁴⁷ provide a moderate recommendation to prescribe the desired starting dose and adjust doses based on disease specific guidelines. Be aware of possible increased risk for myopathy, especially with doses >40mg daily.

Based on this SLCO1B1 genotype, the risk of statin-associated musculoskeletal symptoms (SAMS)⁴⁷ is as follows:

Pravastatin 80mg - Moderate SAMS risk
If used < 4 weeks: Consider changing to a statin/dose combination with lower SAMS risk.
If used > 4 weeks without SAMS: it is reasonable to continue.

Pravastatin 10-40mg - Low SAMS risk.



These are medications where the patient's genetic results are not predicted to affect drug response.

No genotype-guided prescribing changes are recommended.

Usual Prescribing Considerations

MEDICATION DRUG CATEGORY	INTERPRETATION	RECOMMENDATION
MOCLOBEMIDE Antidepressants - other	CYP2C19 - Normal metaboliser: Normal metabolism of moclobemide by CYP2C19 is predicted.	Standard dosing and prescribing measures apply.
CITALOPRAM Antidepressants - SSRIs	CYP2C19 - Normal metaboliser: Normal metabolism of citalopram by CYP2C19 is predicted.	CPIC guidelines ¹ provide a strong recommendation to initiate therapy with the recommended starting dose.
ESCITALOPRAM Antidepressants - SSRIs	CYP2C19 - Normal metaboliser: Normal metabolism of escitalopram by CYP2C19 is predicted.	CPIC guidelines ¹ provide a strong recommendation to initiate therapy with the recommended starting dose.
TOLBUTAMIDE Antidiabetics	CYP2C9 - Intermediate metaboliser: Reduced metabolism of tolbutamide by CYP2C9 is predicted. This has been associated with a reduction in glucose concentration in some studies ⁸⁰ .	DPWG ⁸¹ states that there is no action needed for this gene-drug interaction.
BRIVARACETAM Antiepileptics	CYP2C19 - Normal metaboliser: Normal metabolism of brivaracetam by CYP2C19 is predicted.	Standard dosing and prescribing measures apply. The FDA-approved drug label for brivaracetam states that those using inhibitors of CYP2C19 may require dose reduction. ⁸²
VORICONAZOLE Antifungals - Azoles	CYP2C19 - Normal metaboliser: Normal voriconazole metabolism by CYP2C19 is predicted.	CPIC guidelines ⁸³ provide a strong recommendation to initiate therapy with the recommended standard of care dosing.
CYCLOPHOSPHAMIDE Antineoplastics	CYP2C19 - Normal metaboliser: Normal metabolism of cyclophosphamide by CYP2C19 into its active metabolite is predicted.	No genotype-guided dosing recommendation available.
CLOPIDOGREL Antiplatelet drugs	CYP2C19 - Normal metaboliser: Normal formation of clopidogrel's active metabolite by CYP2C19 is predicted.	CPIC guidelines ² provide a strong recommendation to use the label-recommended dosage if clopidogrel is being prescribed for cardiovascular or neurovascular indications.
PRASUGREL Antiplatelet drugs	CYP2C19 - Normal metaboliser: DPWG ⁸⁴ states that there is no gene-drug interaction for CYP2C19 and prasugrel.	No genotype-guided dosing recommendation available for this genotype. Standard dosing and prescribing measures apply.
TICAGRELOR Antiplatelet drugs	CYP2C19 - Normal metaboliser: DPWG ⁸⁵ states that there is no gene-drug interaction for ticagrelor and CYP2C19.	No genotype-guided dosing recommendation available for this genotype. Standard dosing and prescribing measures apply.
FLUPENTHIXOL Antipsychotics	CYP2D6 - Poor metaboliser: DPWG guidelines ⁸⁶ state that there is no gene-drug interaction for flupenthixol and CYP2D6.	No dosage recommendation is currently available based on the genetic findings.

Usual Prescribing Considerations

MEDICATION

DRUG CATEGORY

INTERPRETATION**RECOMMENDATION****CLOBAZAM**

Benzodiazepines

CYP2C19 - Normal metaboliser:

Clobazam is metabolised by CYP3A4 into an active metabolite, N-desmethyloclobazam, which is responsible for most of the therapeutic effect. N-desmethyloclobazam is further metabolised by CYP2C19 into an inactive metabolite. Normal metabolism of clobazam's active metabolite is predicted. (Note that the effect of variations in CYP3A4 has not been described).

Standard dosing and prescribing measures apply.

DIAZEPAM

Benzodiazepines

CYP2C19 - Normal metaboliser:

Diazepam is metabolised by CYP3A4 and CYP2C19 into active metabolites, including desmethyldiazepam, which has a long half-life. The CYP2C19 genotype predicts normal CYP2C19-mediated metabolism of both diazepam and desmethyldiazepam. (Note that the effect of variations in the CYP3A4 gene on diazepam metabolism have not been described).

Standard dosing and prescribing measures apply.

BISOPROLOL

Beta blockers

CYP2D6 - Poor metaboliser:

Whilst bisoprolol is metabolized by CYP2D6, CPIC guidelines²⁵ state that there is no or insufficient evidence for an effect on drug exposure, blood pressure and heart rate.

CPIC guidelines²⁵ provide no recommendation in relation to bisoprolol therapy. It would be reasonable to consider standard dosing and monitoring.

NEBIVOLOL

Beta blockers

CYP2D6 - Poor metaboliser:

Negligible nebivolol metabolism by CYP2D6 and increased drug exposure are predicted. It is unclear whether this results in clinically significant changes in heart rate and blood pressure.

CPIC guidelines²⁵ provide no recommendation in relation to nebivolol therapy due to insufficient or no evidence regarding drug exposure and clinical effectiveness. It would be reasonable to consider standard dosing and monitoring for adverse effects.

MAVACAMTEN

Cardiac myosin inhibitor

CYP2C19 - Normal metaboliser:

Normal metabolism of mavacamten by CYP2C19 is predicted.

No genotype-guided dosing recommendation available for this genotype. Standard dosing and prescribing measures apply.

NALTREXONE

Drugs for alcohol dependence

OPRM1 - Reduced mu opioid receptor expression:

There is currently insufficient evidence to support an association between the OPRM1 genotype and the response to naltrexone. It has been suggested that the G allele may be associated with a lower relapse rate, longer time to relapse and less heavy drinking days when naltrexone is used in the management of alcohol use disorder in a few studies, however in other studies and a recent meta-analysis, this was not observed.⁸⁷

CPIC guidelines⁴⁵ state that there is insufficient evidence to provide a recommendation for naltrexone dosing based on OPRM1 genotype. Usual prescribing considerations apply.

Usual Prescribing Considerations

MEDICATION

DRUG CATEGORY

INTERPRETATION**RECOMMENDATION****MELATONIN**

Hypnotics

CYP1A2 - Ultrarapid metaboliser (with inducer present):

Increased metabolism of melatonin and reduced exposure, especially in the presence of inducers such as tobacco smoking, daily consumption of cruciferous vegetables or chargrilled meat and certain medications (e.g. omeprazole).⁸⁸ The clinical significance of this is not known.

No genotype-guided dosing recommendation available. It would be reasonable to monitor for an adequate clinical response.

MIRABEGRON

Miscellaneous

CYP2D6 - Poor metaboliser:

Reduced metabolism by CYP2D6 and increased drug exposure are predicted, but only a slight increase in drug exposure was observed in poor metabolisers as compared with extensive metabolisers,⁸⁹ which is unlikely to cause clinically significant effects.

No genotype-guided dosing recommendation available. Note that the European Medicines Agency suggests no dose adjustment when used in CYP2D6 poor metabolisers or when used with concurrent CYP2D6 inhibitors.⁹⁰ Monitor for adverse effects.

PROGUANIL

Miscellaneous

CYP2C19 - Normal metaboliser:

Normal metabolism of proguanil by CYP2C19 into its active metabolite cycloguanil is predicted.

No genotype-guided dosing recommendation available.

DICLOFENAC

NSAIDs

CYP2C9 - Intermediate metaboliser:

Diclofenac is only partially metabolised by CYP2C9. This genotype predicts a reduction in diclofenac metabolism by CYP2C9. Whilst this could lead to a small increase in diclofenac exposure,⁹¹ the clinical significance has not been demonstrated.

CPIC guidelines⁴⁰ state that there is insufficient evidence to provide a recommendation to guide clinical practice at this time.

Standard dosing and prescribing measures apply. Be alert to adverse effects.

INDOMETHACIN

NSAIDs

CYP2C9 - Intermediate metaboliser:

Indomethacin is only partially metabolised by CYP2C9. This genotype predicts a reduction in indomethacin metabolism by CYP2C9. Whilst this could lead to a small increase in indomethacin exposure,⁹² the clinical significance has not been demonstrated.

CPIC guidelines⁴⁰ state that there is insufficient evidence to provide a recommendation to guide clinical practice at this time.

Standard dosing and prescribing measures apply. Be alert to adverse effects.

MORPHINE

Opioid Analgesics

OPRM1 - Reduced mu opioid receptor expression:

Whilst this genotype has been associated with reduced sensitivity to morphine (including slightly increased morphine consumption in post-operative and chronic pain settings), there is insufficient evidence for its clinical significance.

CPIC⁴⁵ states that there is insufficient evidence to provide a recommendation to guide clinical practice at this time.

Standard dosing and prescribing measures apply. It may be reasonable to consider the possibility of reduced clinical response during dose titration.

ESOMEPRAZOLE

Proton pump inhibitors

CYP2C19 - Normal metaboliser:

Typical metabolism of esomeprazole by CYP2C19 is predicted. Note that this genotype has a lesser effect with esomeprazole and rabeprazole compared to other PPIs.

Standard dosing and prescribing measures apply. If response is inadequate, consider a trial of rabeprazole as an alternative.

Usual Prescribing Considerations

MEDICATION
DRUG CATEGORY

INTERPRETATION

RECOMMENDATION

RABEPRAZOLE
Proton pump inhibitors

CYP2C19 - Normal metaboliser:
Normal metabolism of rabeprazole by CYP2C19 is predicted. Note that this genotype has a lesser effect with rabeprazole and esomeprazole compared to other PPIs.

Standard dosing and prescribing measures apply. If the response to rabeprazole is inadequate, consider a trial of esomeprazole as an alternative agent.

SAMPLE

Detailed Pharmacogenomic Test Results



This page contains further information about the patient's phenotypes (e.g. metaboliser status).

GENE	GENOTYPE	PREDICTED PHENOTYPE
ABCG2 (rs2231142)	AA	Poor transporter function: Due to the presence of two decreased function alleles, this individual is predicted to have poor function of the ABCG2 encoded transporter. Decreased clearance of certain medications such as rosuvastatin is expected.
CYP1A2	*30/*30	Ultrarapid metaboliser (with inducer present): Due to the presence of two *30 (formerly known as *1F) alleles, this individual is predicted to have an ultrarapid metaboliser phenotype. Enzyme activity is highest in the presence of inducers, such as tobacco smoke, regular consumption of cruciferous vegetables or chargrilled meats, and certain drugs. For a drug extensively metabolised by CYP1A2, drug exposure and clinical effects may either be reduced (for an active drug) or increased (for a prodrug).
CYP2B6	*6/*6	Poor metaboliser: This individual is predicted to have a poor metaboliser phenotype due to the presence of two copies of reduced function alleles. For a drug extensively metabolised by CYP2B6, drug exposure and clinical effects may either be increased (for an active drug) or decreased (for a prodrug). This individual is at risk of experiencing adverse effects (active drug) or therapeutic failure (prodrug).
CYP2C19	*1/*1	Normal metaboliser: Due to the presence of two copies of normal function alleles, this individual is predicted to have a normal metaboliser phenotype. For a drug extensively metabolised by CYP2C19, drug exposure and clinical effects may be expected to lie within the normal range.
CYP2C9	*1/*3	Intermediate metaboliser: Due to the presence of one normal function allele and one null allele, this individual is predicted to have an intermediate metaboliser phenotype. For a drug extensively metabolised by CYP2C9, drug exposure and clinical effects may either be increased (for an active drug) or decreased (for a prodrug). This may increase the likelihood of adverse effects (active drug) or therapeutic failure (prodrug).
CYP2D6	*4/*4	Poor metaboliser: Due to the presence of two copies of no function alleles, this individual is predicted to have a poor metaboliser phenotype. For a drug extensively metabolised by CYP2D6, drug exposure and clinical effects may either be greatly increased (for an active drug) or greatly decreased (for a prodrug). The individual is at risk of experiencing adverse effects (active drug) or therapeutic failure (prodrug).
CYP3A4	*1/*22	Intermediate metaboliser: This individual carries one copy of the decreased function *22 allele and is predicted to have an intermediate metaboliser phenotype. Reduced metabolism of certain CYP3A4 substrate drugs (e.g. quetiapine) is expected. This may result in increased drug exposure and clinical effects. Note that if the *18 allele is present, it seems to have substrate-dependent activity.
CYP3A5	*1/*3	Intermediate metaboliser: This individual carries one normal functioning allele and one non-functioning allele and is predicted to have an intermediate metaboliser phenotype (CYP3A5 expresser). CYP3A5 is known to metabolise certain drugs, including tacrolimus.

GENE	GENOTYPE	PREDICTED PHENOTYPE
OPRM1	GG	Reduced mu opioid receptor expression: The GG genotype contains two variant alleles for the OPRM1 gene which encodes the mu opioid receptor. Whilst the evidence around OPRM1 genetic variation continues to develop, it appears that the G allele is associated with a reduced response to certain opioids (in particular, morphine). These findings are supported by a number of cohort studies and at least two meta-analyses ^{93,94} however, this is not shown in all studies. For naltrexone in the management of alcohol use disorder, some studies have shown an association of the G allele with superior clinical outcomes. Note the frequency of the variant allele (G) is higher in people of Asian ancestry (around 40%) than European ancestry (around 15%).
SLCO1B1	*1/*5	Decreased transporter function: This individual carries one copy of the decreased function *5 allele and is predicted to have decreased function of the <i>SLCO1B1</i> encoded transporter. Decreased clearance of certain medications such as simvastatin is expected.
VKORC1	GG	Normal VKORC1 enzyme level: The VKORC1 enzyme is predicted to be present in normal amounts and the response to warfarin will be normal. The <i>CYP2C9</i> genotype should also be considered together with the <i>VKORC1</i> genotype for calculating the initial warfarin dose.

SAMPLE

Further Information

This report provides clinically relevant information on what the patient's genetic results predict about their response to a number of medications covered by this report.

The information concerns drug metabolism and plasma concentrations (drug exposure), as well as the potential for altered clinical effects.

Based on the available information found in the published literature, each medication has been assigned a category according to the likely clinical significance of each gene-drug interaction.

The three categories are:

MAJOR PRESCRIBING CONSIDERATIONS

A potentially significant effect on drug response is predicted. There may be guidelines or a drug label recommending consideration be given to a change in the dose, the medication type, or further monitoring in order to minimize the risk of the potential clinical issue noted.

Of note, "Major" prescribing considerations do not always preclude the use of a specific medication or necessitate a dosage change if the drug is currently effective and well tolerated, this will be dependent on the individual gene-drug interaction and the clinical circumstances.

MINOR PRESCRIBING CONSIDERATIONS

Altered drug response is possible, but either the clinical significance is thought to be minor or there is currently limited evidence available. Consider monitoring for any potential clinical effects annotated in this report. There are generally no specific recommendations to alter dosage or medication according to current guidelines.

USUAL PRESCRIBING CONSIDERATIONS

Genetic results are not predicted to have a significant effect on drug response, based on the literature currently available, and there are no additional prescribing considerations. Other factors may still influence drug response and therefore usual monitoring for adverse effects and efficacy still applies.

Medications which have a prescribing consideration to use an alternative medication will be annotated with this symbol ▲. Consult the personalised prescribing considerations section of the report for the detailed recommendations.

Pharmacogenomic Guidelines

For many medications covered in this report, evidence-based guidelines and drug label information are available and where relevant are referenced in this report.

Key practice guidelines include:

1. Clinical Pharmacogenetics Implementation Consortium (CPIC)
2. The Royal Dutch Pharmacists Association – Pharmacogenetics Working Group (DPWG).
3. The FDA Table of Pharmacogenetic Associations and drug label information

Report Breakdown

The report consists of the following 6 sections:

1. Medications of Interest (if provided)- presents summarized and detailed prescribing considerations for medications of interest based on the pharmacogenomic test results.
2. Personalised Medication Guide - provides a list of all medications covered by the test categorised as having major, minor or usual prescribing considerations.
3. Genetic test results summary - presents the patient's genotypes for the genes relevant to the medications covered by this report.
4. Medication tables arranged according to the three categories of MAJOR, MINOR or USUAL prescribing considerations.
5. Detailed pharmacogenomic test results - provides an explanation of genotype results and the predicted effect on drug exposure and drug response.
6. References - list of key peer-reviewed literature that has been used to produce the report.

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Laboratory Results provided by:

My DNA Life Australia Pty Ltd (NATA 20082)

Disclaimer

Response to medications is complex and may also be influenced by other genetic and non-genetic factors which are not tested for (e.g. patient adherence to prescription regimen, concurrent illness, drug-drug interactions). This report is just one clinical factor which is intended to be considered in addition to other clinical information as part of a comprehensive medical evaluation by the treating health professional. It is advised that medications should not be changed solely based on this report and it is the responsibility of the treating health professional to consider all information relating to the patient to determine the most appropriate course of treatment. Unless instructed by their doctor, patients are advised not to alter the dose or stop any medications. This report does not serve as medical advice and My DNA Life Australia (MyDNA) is not liable for medical judgement with regards to diagnosis, prognosis or treatment.

Clinical monitoring should occur for all medications. It is not intended to imply that drugs listed in this report are approved for certain indications or that they have comparable efficacy or safety.

The test only determines response to the medications indicated in this report. Allergic reactions cannot be detected by this test. The test does not detect all known variants in the genes tested. If an individual carries a rare variant not covered by the test, the phenotype may be inaccurately reported.

This report is written assuming the health professional will explain the results of the report to the tested individual and any resulting implications for both the individual and family members. The report follows current guidelines to inform the health professional about the results of the test they have the responsibility for arranging all further explanatory counselling.

The information provided in the report is believed to be accurate at the time of publishing and is based on the current evidence available in the literature at that time. However, as the scientific literature and prescribing guidelines are updated over time, interpretations and recommendations relating to the prescribing of medications indicated in this report may change.

The pharmacogenomic guidance in this report primarily applies to adult patients over the age of 18 years. Therefore, caution should be exercised if the guidance in this report is to be used for patients under the age of 18 years.

Disclaimer of Liability

This MyDNA report does not serve as medical advice and does not substitute clinical monitoring. MyDNA is not liable for any clinical decisions made based on the results provided in this report as this remains the responsibility of the treating health professional. MyDNA strongly believes that this report should be considered as part of a comprehensive medical evaluation by the treating health professional.

The information provided in the report is believed to be accurate and complete at the date reported and is based on the current evidence in the scientific literature. However, the scientific literature is routinely updated as new information becomes available and therefore, the reported drug classifications and clinical considerations may change from the original published version of the report. While MyDNA believes the information of this report is accurate and complete, MyDNA does not provide any warranties of any kind relating to how the information provided in this report is used or applied by the treating health professional.

Test Methodology and Limitations

Pharmacogenomics testing and clinical interpretation was performed by My DNA Life Australia Pty Ltd (MyDNA), in a NATA accredited laboratory (NATA accredited lab No 20082). DNA is extracted from a blood or cheek swab sample and SNP genotyping is performed using the VeriDose Core 2.0 and Veridose CYP2D6 CNV panels developed by Agena, and its performance characteristics have been determined by MyDNA. This test is used for clinical purposes. It should not be regarded as investigational or for research. The genomic regions listed in this report were tested using the Agena MassARRAY System; there is a possibility that the tested individual is a carrier for additional, undetected variants that may affect results. Although molecular tests are highly accurate, rare diagnostic errors may occur that interfere with analysis. Sources of these errors include sample mix-up, trace contamination, and other technical errors. The presence of additional variants nearby may interfere with variant detection. Genetic counselling is recommended to properly review and explain these results to the tested individual. Allergic reactions cannot be detected by this genetic test. The test does not detect all known variants in the genes tested. If an individual carries a rare variant not covered by the test, the phenotype may be inaccurately reported. The interpretation and clinical recommendations are based on the above results as reported by and also uses information provided to MyDNA by the referring healthcare professionals. This report also assumes correct labelling of sample tubes and that the sample is from the indicated patient.

Test Panel of Genes and Variants

The following clinically actionable variants are tested: **ABCG2 C** NC_00004.11:g.[88131171=], **A** NC_00004.11:g.[88131171G>T];

CYP1A2 *1 NC_000015.11:g.[74749576=], ***30** NC_000015.11:g.[74749576C>A];

CYP2B6 *1 NC_000019.11:g.[41006936=;41009358=;41012316=], ***4** NC_000019.11:g.[41006936=;41009358A>G;41012316=], ***6** NC_000019.11:g.[41006936G>T;41009358A>G;41012316=], ***9** NC_000019.11:g.[41006936G>T;41009358=;41012316=], ***18.001** NC_000019.11:g.[41006936=;41009358=;41012316T>C], ***18.002** NC_000019.11:g.[41006936=;41009358A>G;41012316T>C];

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